

# youth arts practitioner “R & R” .....refresh & recharge training!

- a unique new youth arts training opportunity offered by Ruth Jones and Juliet Brain - youth arts CPD with a difference - how would you like some precious time away from risk assessments, evaluation forms, and fundraising applications – to concentrate on YOU!
- spend a day with experienced facilitators and rediscover your creative purpose - how did you get to where you are? Where you are going, and what support do you need as a practitioner? What's it like for other people?
- the day also provides an opportunity to swap tried & tested youth arts exercises, and recharge your youth arts batteries in our speed swap-shop for youth arts games and activities!

**Trainer Ruth Jones is an experienced youth arts consultant and trainer with a music background. She says:**

*“Working in youth arts is tough. There is so much legislation and regulation, - and rightly so - but sometimes we forget about the art part – and even forget why we are even here in the first place! Everyone has a different story to tell about how they got involved in youth arts, and sometimes it seems that we don't get a chance to think ahead, let alone take stock of how we got here. We wanted to give people an opportunity to have some space - to think about their own situation - away from government agendas and the pressures of day to day work.”*

This training is appropriate for youth arts workers and practitioners with more than two years experience of using the arts to work with young people – and especially those who might have been working on a freelance or sessional basis, on short term contracts, or for small and medium sized arts or youth organisations.

The 9.30 – 4.30 training day takes participants on a journey concluding with a mysterious call to action and aftercare package...and the trainers say:

- there are *no* stupid questions!
- this is all about YOU!
- how did you get here?

- what makes a great youth arts worker?
- map out your creative journey....and your creative future.....
- speed skills share – games and exercises
- identify realistic, practical ways of nurturing yourself as a youth arts practitioner

The training will use drama and art therapy techniques, but the trainers promise no-one will be asked to do daft stuff - like pretending to be an egg frying in the sun or dancing like a chicken!

**Trainer Juliet Brain is an established youth arts trainer and drama specialist:**

*“In our work with we are always giving young people opportunities to be creative, and to express themselves – but no-one is providing those opportunities for us. This training is all about feeling re-energised – and getting a new perspective on what we do, and where we are going*

For more details, or to book the training in-house or for your district or region please get in touch:

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